



WORKSHEET: GOAL SETTING

YOUR NEXT CAREER STEP

What activities do you enjoy the most?

What activities do you enjoy the least?

List a few goals here:

CURRENT FRUSTRATIONS

What are your current frustrations?

How can you turn these into opportunities?

List a few goals here:

WORK-LIFE BALANCE

If you could wave a magic wand over your life, what would it look like? Success is exactly how you define it. What personal, non-work priorities would you have plenty of time and energy for?

List a few goals here:

GOALS LIST

Print as many copies of this page as you need to list your goals. Then star the 3-5 goals that are most important to you now. These are the goals that guide you.

| Goal (present tense, as specific as possible) | Why is this goal important to you? |
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